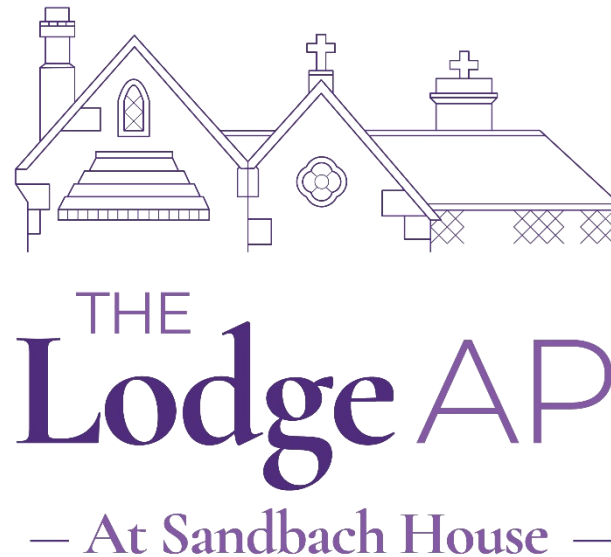




Qualification Stage BTEC Sport (outdoors) Curriculum Sequence

Intent

The NCFE Level 2 Diploma in Sport (Outdoors) is designed to provide learners with an inclusive, practical, and engaging experience in outdoor sports, adventure activities, and leadership. This course is particularly suited to learners who thrive in hands-on, experiential learning environments and may benefit from an alternative approach to traditional classroom-based education. It supports students in developing essential life skills such as confidence, resilience, teamwork, and communication, while also promoting physical and mental well-being.

This course is designed to meet the needs of a wide range of learners, including those who may have found traditional academic settings challenging and benefit from a more active, practical approach; those with a passion for outdoor activities who require structured support to develop their skills and aspirations; those with social, emotional, or mental health (SEMH) needs, where outdoor learning can build confidence, motivation, and wellbeing; and those with lower prior attainment or who may be disengaged from education, with a focus on hands-on learning and personal development. This course provides a supportive and flexible learning environment that builds on each learner's strengths and aspirations, ensuring they develop employability skills and gain confidence in real-world situations.

Qualification Stage Year 1: KS4 BTEC Sport (outdoors) Curriculum Sequence

Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
Participating in Sport			Outdoor and Adventurous Activities		
Intent: The 'Participating in Sport' unit is designed to provide learners with a comprehensive and engaging experience in both individual and team sports. This unit focuses on developing the key skills required for successful participation in a wide range of sporting activities. By actively engaging in sport, learners will not only improve their physical abilities but also cultivate essential life skills such as discipline, resilience, and time management. Participation in sport offers learners the chance to experience firsthand the importance of regular physical activity for improving overall health, while also enhancing their social skills, confidence, and well-being through shared experiences in both competitive and recreational environments. In addition to physical skill development, this unit emphasises the importance of organisational skills as learners will be tasked with planning, coordinating, and leading sports activities. This will help learners gain a deeper understanding of the roles involved in sports beyond the individual, including responsibilities like safety management, team leadership, and communication. The unit also encourages learners to reflect on their participation, evaluate their performance, and set goals for improvement. As learners experience different sports, they will gain valuable insight into the rules, regulations, and ethical aspects of sport, such as the concept of fair play and the values of respect and team collaboration. Through these experiences, the unit promotes the development of lifetime skills, fostering a mindset of continuous improvement and promoting long-term engagement with sports and physical activity.			Intent: The 'Outdoor and Adventurous Activities' unit is designed to provide learners with a comprehensive introduction to a wide range of outdoor adventure-based activities. This unit not only focuses on developing essential practical skills required for engaging in these activities but also aims to foster a deep appreciation for the natural environment and the challenges it presents. Learners will gain the opportunity to step outside the classroom and immerse themselves in outdoor settings, where they will encounter real-world challenges that test their physical endurance, problem-solving abilities, and mental resilience. In addition to developing technical outdoor skills, this unit is designed to enhance key personal and social attributes. Learners will have the opportunity to grow in areas such as self-confidence, teamwork, leadership, and communication as they engage in a variety of team-based and individual activities. The unit emphasises the importance of safety, risk management, and environmental responsibility, ensuring that learners not only understand the skills needed to succeed in outdoor adventures but also the importance of acting sustainably and ethically when interacting with the natural world.		
Intended Skills and Outcomes: <i>The below 'I can' statements clarify what students will be able to do by the end of this unit.</i> - I can demonstrate core skills in a range of individual and team sports. - I can apply rules, tactics, and strategies during competitive and recreational activities. - I can work effectively as part of a team, showing communication and cooperation. - I can demonstrate resilience, discipline, and commitment during participation. - I can plan and organise simple sports activities safely. - I can take on different roles (e.g. participant, leader, official). - I can reflect on my performance and set targets for improvement. - I can explain the importance of physical activity for health and wellbeing. - I can demonstrate fair play, respect, and positive sporting behaviour.			Intended Skills and Outcomes: <i>The below 'I can' statements clarify what students will be able to do by the end of this unit.</i> - I can take part in a range of outdoor and adventurous activities safely. - I can demonstrate basic technical skills required for outdoor activities. - I can assess risks and follow safety procedures in outdoor environments. - I can work collaboratively to solve problems and complete challenges. - I can show resilience and perseverance in unfamiliar environments. - I can communicate effectively within a team in outdoor settings. - I can demonstrate leadership skills during group activities. - I can respect and care for the natural environment. - I can evaluate my performance and identify improvements.		
Feeds from: KS2/KS3 PE: fundamental movement skills, basic rules, teamwork. Prior experience of school sport and physical activity. Personal and social development (communication, cooperation). Feeds into: Outdoor and Adventurous Activities (transfer of teamwork and resilience). Leading an Outdoor Activity Session (basic leadership and organisation). Lifelong participation in sport and healthy lifestyles. Participating in Sport (teamwork, physical competence, communication).Personal development (confidence, resilience). Leading an Outdoor Activity Session (leadership in outdoor contexts). Expedition Experience (technical and teamwork skills). Development of independence and employability skills.					

Qualification Stage Year 2: KS4 BTEC Sport (outdoors) Curriculum Sequence

Autumn HT1	Autumn HT2	Spring HT1	Spring HT2	Summer HT1	Summer HT2
Leading an Outdoor Activity Session			Expedition Experience		
Intent: The 'Leading an Outdoor Activity Session' unit is designed to provide learners with the skills, knowledge, and practical experience needed to lead outdoor activity sessions in a variety of environments. This unit places a strong focus on developing leadership and communication skills, allowing learners to gain the confidence and competence necessary to guide individuals or groups through outdoor challenges safely and effectively. As part of the unit, learners will gain hands-on experience in session planning, including designing engaging activities, managing group dynamics, and ensuring that activities are suitable for participants of varying abilities. The emphasis is on creating a positive and inclusive atmosphere, where participants feel supported, motivated, and encouraged to develop both their physical and interpersonal skills. Learners will explore how to assess the environment, understand the specific needs of participants, and adapt their approach to ensure that the activity runs smoothly and safely. They will also develop a strong understanding of how to deal with unexpected situations and how to maintain focus and enthusiasm even in challenging or unfamiliar conditions. Importantly, learners will learn how to foster a spirit of teamwork and cooperation, ensuring that everyone feels involved and valued throughout the session. By acquiring these skills, learners will be prepared not only to lead outdoor sessions but to manage the logistical, interpersonal, and safety aspects that are crucial to running successful outdoor activities.			Intent: The 'Expedition Experience' unit is designed to offer learners a holistic, hands-on experience of preparing for and undertaking an outdoor expedition. This unit provides learners with the opportunity to apply the outdoor skills they have acquired throughout their course in a real-world context, encouraging them to plan, problem-solve, and navigate through challenging outdoor environments. From the initial stages of expedition planning, including understanding how to map routes and organise essential equipment, to the practical elements of team dynamics and navigation, learners will experience the full process of executing an outdoor adventure. This experience not only serves to develop practical skills but also strengthens resilience and self-reliance, as learners face and overcome the unpredictable challenges that naturally occur in outdoor environments. By participating in the expedition, learners will gain a deep understanding of group collaboration, individual responsibility, and how to manage both physical and mental demands in outdoor settings, fostering a sense of achievement and personal growth.		
Intended Skills and Outcomes: <i>The below 'I can' statements clarify what students will be able to do by the end of this unit.</i> • I can plan and deliver a safe and engaging outdoor activity session. • I can adapt activities to meet the needs of different participants. • I can communicate instructions clearly and effectively. • I can manage group behaviour and dynamics positively. • I can assess risks and ensure safety throughout an activity. • I can demonstrate leadership and decision-making skills. • I can respond appropriately to unexpected situations. • I can create an inclusive and supportive environment. • I can evaluate my leadership performance and improve future sessions.			Intended Skills and Outcomes: <i>The below 'I can' statements clarify what students will be able to do by the end of this unit.</i> • I can plan an outdoor expedition, including routes and equipment. • I can navigate using maps and basic navigation techniques. • I can work effectively as part of a team during an expedition. • I can demonstrate independence and responsibility in outdoor settings. • I can manage physical and mental challenges during an expedition. • I can apply problem-solving skills in real-life outdoor situations. • I can follow safety procedures and manage risks effectively. • I can demonstrate resilience and adaptability in changing conditions. • I can evaluate my contribution and overall expedition success.		
Feeds from: Participating in Sport (knowledge of rules, organisation, roles). Outdoor and Adventurous Activities (practical outdoor skills, teamwork). PE leadership opportunities. Outdoor and Adventurous Activities (technical and teamwork skills).Leading an Outdoor Activity Session (organisation and leadership).Prior physical and personal development across the course. Feeds into post-16 pathways (sport, public services, outdoor education). Duke of Edinburgh-style awards or similar programmes. Lifelong outdoor participation, independence, and resilience.					